



# BRAZEAU GYMNASTICS CLUB

## OPEN GYM & EVENTS RULES

- All ages welcome with parent or guardian supervision. The parent or guardian is required to be in the gym supervising their children during the entirety of the drop in. Max 3 children per supervising adult
- Capacity for open gym is 15:1 (children:coach) ALL Wild Rose School Division PD DAYS will have 2 coaches, which will allow for 30 children max
- Drop in is on a FCFS basis. To keep everyone safe, there is a maximum number of participants in the gym at one time
- All participants on the gym floor are required to fill out a waiver prior to participating in any open gym
- Supervising Coach has final authority on all matters, and has the right to remove participants, without refunds or question for inappropriate behavior in the gym
- NO food, gum, belts, shoes, jewelry(watches, dangly earrings, necklaces, chains or rings)
- NO FLIPS! This includes handsprings, front & back tucks, etc. ALL ATHELETES, competitive or recreational are to respect this rule.
- Children 18 months and younger are free, but MUST remain with parent or guardian at all times
- If your child is in a car seat and left unattended BGC and AGF are not responsible for and injury that may occur
- As per AGF policy, those who have attended a drop in program more than 2 times between July 1st and June 30 and are not yet members will be required to purchase an AGF membership before attending any further drop in programs

These rules are in effect to any and all open gyms/events held at BGC

**TEEN DROP IN:** First Thursday of every month 8-9pm Max 12 kids FCFS, parent or guardian NOT required to stay, although parent must be present at drop off to sign waiver before child is allowed on the floor. Must be a minimum of 13 years old at the time of drop off.

**BGC EVENTS:** Most of our un house events (Fun Meets, Gym-A-Thon, Christmas Show, etc.) are for registered athletes only. Siblings are NOT permitted on equipment before or after any event, even if the parent is volunteering.

**PUBLIC EVENTS:** These include movie nights, Nerf Wars, and any other public event. ALL equipment is OFF LIMITS. You can be asked to leave without refund for breaking this rule.

Thank you,

BGC Staff